



SALINAS POP WARNER



The Salinas Cardinal is a member of Pop Warner. Through the activities of football and cheerleading children learn self respect, discipline, pride, teamwork, and fair play in an environment that promotes scholastics while having **FUN!**

Visit our website at www.salinaspopwarner.org for important information and downloadable forms to streamline the registration process.



Age and Weight Requirements

Tiny Mite – **REGISTRATION OPEN**

- Football ages 5-6-7 and 35-75 pounds
- No Cheer in 2010

Mitey Mite – **REGISTRATION OPEN**

- Football ages 7-8-9 and 45-90 pounds
- Cheer ages 7-8-9

Jr. Pee Wee – **REGISTRATION OPEN**

- Football ages 8-9-10 and 60-105 pounds
Older Lighter age 11 and 60-85 Pounds
- Dance and Cheer ages 8-9-10

Pee Wee – **REGISTRATION OPEN**

- Football ages 9-10-11 and 75-120 pounds
Older Lighter age 12 and 75-100 Pounds
- Cheer ages 9-10-11

Junior Midget – **REGISTRATION OPEN**

- Football ages 10-11-12 and 85-135 pounds
Older Lighter age 13 and 85-115 Pounds
- Cheer ages 10-11-12

Midget – **REGISTRATION OPEN**

- Football ages 11-12-13-14 and 105-160 pounds
Older Lighter age 15 and 105-140 Pounds
- Cheer ages 11-12-13-14



NO CUTS, ALL KIDS PLAY IN EVERY GAME, NO 5TH QUARTER

Space is available on a first come first serve basis. At Pop Warner, there are no tryouts and all of the children play in every game!

Football & Cheer Signup

Where: Salinas Sports Complex

When: 10 am to 3 pm – 2/20, 3/20 and 4/17